



## Paint Your Summer – Art Session #2: Cheat Sheet

Transform your inspiration study into a beautiful, finished painting

### SUPPLIES NEEDED:

- Pencil or pen (some sort of drawing tool)
  - A small canvas
  - Some acrylic paints, with 3-4 colors you love
  - Soft Gel or Modge Podge
  - Some pretty collage papers
  - Acrylic markers
  - Old hotel key card or similar
  - Scissors, palette, water cup, brushes
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### 3 STEPS TO CREATE YOUR FINISHED PAINTING:

*This proven pathway helps you transform ideas into authentic artwork*

#### STEP 1: MAP YOUR COMPOSITION

Draw your composition lightly on canvas to create a "roadmap" for smooth painting.

- ✓ **Use your favorite composition sketch** from your 3 Sharpie studies
- ✓ **Fill the canvas boldly** – don't make your subject tiny
- ✓ **Focus on interesting shape relationships** – make shapes that excite you
- ✓ **Draw loosely and stay playful** – this unlocks the art inside you

#### STEP 2: BLOCK IN BACKGROUND COLORS

Choose 3-4 colors you love that work beautifully together.

- ✓ **Feel free to start with colors straight from the bottle** (no mixing pressure!)
- ✓ **Paint your background colors into your composition with joy** – put some music on and get into creative flow
- ✓ **Use YOUR colors and vision** – don't copy, use your own colors & subject, so you

develop your voice and your confidence

✓ **Trust your instincts** – you know more than you think

### **STEP 3: ADD YOUR SHAPES WITH COLLAGE OR PAINT**

Fill in your shapes using your favorite materials and techniques.

✓ **Paint from feeling, not your head** – this is where magic happens

✓ **Stay open if it doesn't match your vision** – trust something greater is unfolding

✓ **Embrace the messy middle** – all paintings go through this phase

✓ **Let it be whimsical and uniquely YOURS** – this is your artistic voice

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## **REMEMBER:**

**Stay loose, follow your bliss, and let your painting evolve naturally!**

*Your painting may look messy for a while – be patient with yourself. In Friday's Art Session #3, I'll show you exactly how to pull everything together into a stunning finished piece.*

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**Next: Art Session #3 - Friday at [KellieDayArt.com](https://KellieDayArt.com)**

*Learn to finish strong and create paintings you're proud to display!*